

# Rosemead School District



Preschool Program  
October 2016

Fall has arrived, and the students are settling into a routine, making new friends, and learning something new every day.

Please remember if you need to update your emergency contact numbers to call the Child Development Office. If you need to add additional adults to pick up or take your child to school you will need to go to the Child

## Tips to Help Interest Your Child in

The early years are critical to developing a lifelong love of reading. You can't start reading to a child too soon!

### **Read together every day.**

Read to your child every day. Make this a warm and loving time when the two of you can cuddle close together. Bedtime is an especially great time for reading together.

### **Give everything a name.**

You can build comprehension skills early, even with the littlest child. Play games that involve naming or pointing to objects. Say things like, "Where's your nose?" and then, "Where's Mommy's nose?" Or touch your child's nose and say, "What's this?"

### **Say how much you enjoy reading together.**

Tell your child how much you enjoy reading with him or her. Look forward to this time you spend together. Talk about "story time" as the favorite part of your day.

### **Read with fun in your voice.**

Read to your child with humor and expression.

Use different voices for different characters. Ham it up!

### **Know when to stop.**

If your child loses interest or has trouble paying attention, just put the book away for a while. Don't continue reading if your child is not enjoying it.

### **Be interactive.**

Engage your child so he or she will actively listen to a story. Discuss what's happening, point out things on the



page, and answer your child's questions. Ask questions of your own and listen to your child's responses.

### **Read it again and again and again.**

Your child will probably want to hear a favorite story over and over. Go ahead and read the same book for the 100th time! Research suggests that repeated readings help children develop language skills.

October's curriculum theme is " *Fabulous Fall*". Students will be looking at leaves, fall colors, counting spiders, and learning letters. Children love helping mom in the kitchen, why not bake some pumpkin cookies together.

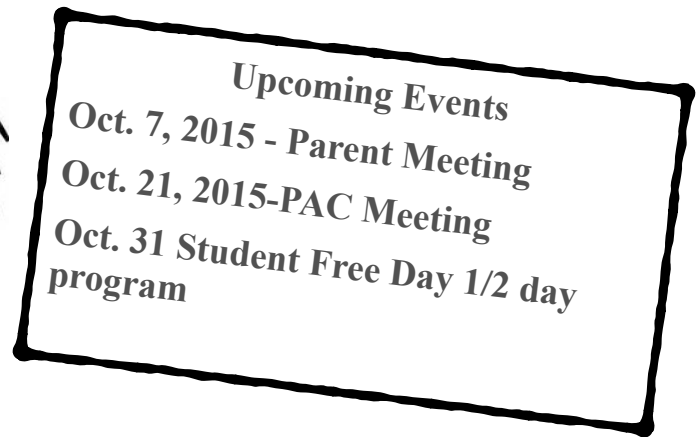
**INGREDIENTS:**

- 1 1/2 cups butter, softened
- 2 cups packed brown sugar
- 1 cup white sugar
- 1 (15 ounce) can pumpkin puree
- 1 egg
- 1 teaspoon vanilla extract
- 4 cups all-purpose flour
- 2 cups quick-cooking oats
- 2 teaspoons ground cinnamon
- 2 teaspoons baking soda
- 1 teaspoon baking powder
- 1 teaspoon salt
- 2 cups miniature chocolate chips



**DIRECTIONS:**

1. Preheat oven to 375 degrees F (190 degrees C).
2. Beat butter, brown sugar, and white sugar together in a bowl until creamy. Add pumpkin, egg, and vanilla extract; beat until smooth.
3. Mix flour, oats, cinnamon, baking soda, baking powder, and salt in a separate bowl; stir into creamed butter until combined. Fold chocolate chips into batter. Drop 1 to 2 tablespoons batter for each cookie onto a baking sheet.
4. Bake in the preheated oven until the edges of each cookie are lightly browned, 10 to 12 minutes



**Local Resources**

**Alhambra YMCA** 401 Corto St. Alhambra, CA 91801 (626) 576-7774

[www.wsgvymca.org](http://www.wsgvymca.org) The Alhambra YMCA is a place where children can go and get themselves involved in a variety of programs from sports to arts and crafts.

**American Red Cross** 430 Madeline Dr. Pasadena, CA 91105 (626) 799-0841

[www.redcrossla.org/sangabrielpomonavalley/](http://www.redcrossla.org/sangabrielpomonavalley/) The American Red Cross provides help for those in need during a disaster as well as providing the community with information on disaster prevention and much more.

**Asian Youth Center** 100 Clary Ave. San Gabriel CA 91776 (626) 287-2988

[www.asianyouthcenter.org](http://www.asianyouthcenter.org) The Asian Youth Center (AYC) is a non-profit, community based organization serving the social services needs of youths and families, with a focus on Asian immigrants.

**Halloween Safety Tips**

Choose a light-colored costume because these are easily seen at night. Add reflective tape or glow-in-the-dark tape to the front and back of the costume and to the trick-or-treat bag. Only buy a costume that is labeled "flame-retardant." This means the material won't burn. If you are making your own costume, use nylon or polyester materials, which are flame-retardant. Make sure wigs and beards don't cover your kids' eyes, noses, or mouths. Kids shouldn't wear masks — they can make it difficult for them to see and breathe. Instead, use nontoxic face paint or makeup. Have younger kids draw pictures of what they want to look like. Older kids will have fun putting the makeup on themselves. Test the face paint or makeup on your child's arm or hand before applying to make sure the paint doesn't irritate the skin. Avoid oversized and high-heeled shoes that could cause kids to trip. Make sure the rest of the costume fits well, too, which can help prevent trips and falls. Make sure that any props your kids carry, such as wands or swords, are short and flexible.

Limit trick-or-treating to your neighborhood and the homes of people you and your children know. When your kids get home, check all treats to make sure they're sealed. Throw out candy with torn packages or holes in the packages, spoiled items, and any homemade treats that haven't been made by someone you know. Don't allow young children to have hard candy or gum that could cause choking.

